

2011-2012  
**MILITARY TEEN**  
Adventure Camps





**W**ould you like to spend time whitewater rafting, hiking, rock climbing, winter camping, skiing, backpacking, mountain biking, exploring the environment, running rope courses, geo-caching, or practicing wilderness survival skills? What if you could do these activities with other military youth just like you?

Military teens (14–18 years old) will have an opportunity to participate in adventure camps scheduled April, 2011 through April, 2012. These high energy, high adventure, and high experience camps are planned across the United States from Alaska to Maine and from Colorado to Georgia as well as states in between. There are even opportunities for military teens in Europe. This is the perfect chance for you to experience the outdoors as you never have before!

Each camp offers a unique outdoor experience that will allow you to build your leadership, self-confidence, and teamwork skills while participating in activities like camp cooking and archery. Camps have funding available to assist with transportation costs.

Camps for youth with special needs (mental, physical, and emotional) are also planned in California, Ohio, and New Hampshire. There is something for everyone!

## How to Register

If you want to join in the fun check out the list below. The camps are listed alphabetically by the state in which they are offered. You'll find camp dates, the number of openings, types of activities offered, and a brief camp description.

Click on the link for the camp of your choice to learn more about that opportunity and that camp's specific registration information. If you have questions about a particular camp, contact the person listed for each camp opportunity.



**!** Please note that specific camp details, including dates, may change based on conditions and availability. Check the camp's website for the most current information.

## ADVENTURE CAMPS BY DATE

### April & May 2011

DATE	EVENT	LOCATION
April 5–10	Deschutes Whitewater River Rafting	Washington
April 30–May 1	<i>Cutty Sark</i> Wooden Sailing Ship Adventure	Washington
May 13–15	Backpacking 101	Kentucky
May 14–15	<i>Cutty Sark</i> Wooden Sailing Ship Adventure	Washington
May 31–June 3	High Adventure Camp at Pingree Park	Colorado

### June 2011

DATE	EVENT	LOCATION
June 6–9	High Adventure Camp at Pingree Park	Colorado
June 15–19	Ropes Course/Methow River Rafting	Washington
June 20–24	White Water Rafting	Kentucky
June 21–24	High Adventure Camp at Pingree Park	Colorado
June 25–30	Great Alaska Road Trip	Alaska
June 26–July 2	Mountains-to-Sound Adventure Camp	Washington
June 30–July 3	Canoeing/Coastal Camping	Kentucky

### July 2011

DATE	EVENT	LOCATION
July 3–8	Primitive Challenge	Maine
July 3–8	Wilderness Backpacking	Maine
July 10–15	Joint Reserve Component Teen Summit	Georgia
July 10–15	Wild Water Adventure Camp	Illinois
July 11–14	High Adventure Camp at Pingree Park	Colorado
July 11–15	Ropes Course/Hiking/Camping/Rock Climbing	Washington
July 17–22	Adventure Racers	Maine
July 17–24	Advanced Backpacking/Wilderness Living	Kentucky
July 18–22	Military Teen Adventure Camp	Ohio

DATE	EVENT	LOCATION
July 19–22	High Adventure Camp at Pingree Park	Colorado
July 23–29	Adventure Restoration Camp	Ohio
July 24–29	Coastal Watershed Exploration	Maine
July 25–29	Ropes Course/Hiking/Camping/Rock Climbing	Washington
July 26–August 3	Pecos Wilderness Backpacking Expedition	Arkansas
July 29–August 2	European 4-H Adventure Camp (For military youth in Europe only)	Germany
July 31–August 5	New Heights Adventure Camp	Illinois

## August 2011

DATE	EVENT	LOCATION
August 1–5	Outward Bound Experience	Washington
August 1–5	Camo Camp	Arkansas
August 2–6	European 4-H Adventure Camp (For military youth in Europe only)	Germany
August 5–12	Ropes Course/Hiking/Camping/Rock Climbing	Maine
August 8–12	Camping/Hiking/Wilderness Trip	Washington
August 12–14	Wilderness Survival	Kentucky
August 15–19	Camping/Hiking/Wilderness Trip	Washington
August 21–26	River Runners	Maine

## September 2011

DATE	EVENT	LOCATION
September 16–18	Challenge Course/Corn Maze	Kentucky
September 17–18	<i>Cutty Sark</i> Wooden Sailing Ship Adventure	Washington
September 24–25	<i>Cutty Sark</i> Wooden Sailing Ship Adventure	Washington

## October 2011

DATE	EVENT	LOCATION
October 7–10	On the Edge Adventure Camp	Illinois
October 23–24	Exploring History & Nature	Washington

## December 2011

DATE	EVENT	LOCATION
December 2–4	Cold Weather Camping	Kentucky
December 29 December 30	Downhill Ski and Snowboarding Trip (Two separate 1-day trips)	Washington
December 29 December 30	Downhill Ski and Snowboarding Trip (Two separate 1-day trips)	Washington

## January 2012

DATE	EVENT	LOCATION
January 7–8	Animal Tracking & Snowshoe Adventure	Washington
January 21–22	Animal Tracking & Snowshoe Adventure	Washington

## February 2012

DATE	EVENT	LOCATION
February 11–12	Animal Tracking & Snowshoe Adventure	Washington
February 19–22	White Mountain Winter Adventure Camp	New Hampshire
February 19–24	Winter Survival	Maine
February 25–26	Animal Tracking & Snowshoe Adventure	Washington
February 26–29	White Mountain Winter Adventure Camp	New Hampshire

## April 2012

DATE	EVENT	LOCATION
April 9–14	Deschutes Whitewater River Rafting	Washington
TBD, 2012	Ropes Course/Methow River Rafting	Washington

## Camps for Youth with Disabilities

2011	July 15–17	Special Needs Adventure Camp	Ohio
	August 7–12	Camp Ronald McDonald at Eagle Lake	California
2012	January 6–9	White Mountain Winter Adventure Camp (for youth with physical disabilities)	New Hampshire
	January 20–23	White Mountain Winter Adventure Camp (for youth with developmental and cognitive disabilities)	New Hampshire

## ADVENTURE CAMPS BY STATE

### Alaska

#### The Great Alaska Road Trip

June 25–30, 2011

Participants: 54

Ages: 14-18

Primary activities: Camping, hiking, mountaineering

Visit Alaska on a high adventure road trip that includes camping stops with tons of fun along the way. Activities include hiking, mountaineering, using a GPS, and much more in Denali National Park and Preserve and at the University of Alaska Fairbanks rocket launch and research facility at Poker Flat. The camp will not only be high adventure, but also offer great opportunities for team-building through camp set-up, tear-down and campfire cooking. Campers who live outside the Fairbanks area or are not within a 2-hour drive will fly into Fairbanks for camp.

<http://www.greatalaskaroadtrip.blogspot.com>

**Rebecca Bruntz**

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# Arkansas

## Pecos Wilderness Backpacking Expedition: Santa Fe National Forest, New Mexico

July 26–August 3, 2011

Participants: 8

Ages: 14–18

Primary activities: Backpacking, wilderness survival

A wilderness backpacking expedition takes a team of youth to places they have never experienced, carrying everything they need for survival on their backs! Travel by van with your guides from Arkansas to the Pecos Wilderness area in New Mexico. Each crew experiences the trek separate from other crews, taking different routes in order to experience a unique team experience in the Pecos Wilderness of New Mexico.

[www.kidsarus.org/adventure\\_camps/](http://www.kidsarus.org/adventure_camps/)

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## Camo Camp: C.A. Vines 4-H Center, Ouachita Mountains, Little Rock

August 1–5, 2011

Participants: 40

Ages: 14–18

Primary activities: Camping, outdoor survival, ATV safety, canoeing, rocketry

Come join us for 5 days of residential outdoor adventures at Camo Camp! Work in a team of 10 campers to learn outdoor survival skills and join us for overnight tent camping, a high ropes course, ATV course riding, canoeing, and much more designed with fun and friendship in mind.

[www.kidsarus.org/adventure\\_camps/](http://www.kidsarus.org/adventure_camps/)

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## California

### Camp Ronald McDonald: Eagle Lake, Susanville

August 7–12, 2011

Participants: 92 special needs youth

Ages: 8–18

Primary activities: Opportunities for youth with special needs include a variety of tailored activities such as swimming, campfires, talent shows, nature tours, arts & crafts, and horseback riding.

Camp Ronald McDonald at Eagle Lake is a totally accessible residential summer camp facility. Camp program staff members are equipped to assist youth in the following categories: speech, language, visual or orthopedic impairment; learning disabilities; deafness or hard of hearing; deaf–blindness; multiple disabilities; autism. Youth at this camp will have opportunities to explore and discover their physical environment and increase their physical activity. The camp will provide confidence-building experiences and programs designed to support each camper’s individuality through the challenges of outdoor group living and teamwork in a supportive environment.

<http://ucanr.org/eaglelake>

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# Colorado

## High Adventure Camp at Pingree Park, Rocky Mountains, Fort Collins

May 31–June 3, 2011

June 6–9, 2011

June 21–24, 2011

July 11–14, 2011

July 19–22, 2011

Participants: 45 per camp

Ages: 14–18

Primary activities: Camping, hiking, challenge ropes courses, whitewater rafting, geo-caching

This 4-day, 3-night residential camp experience provides campers a variety of physical challenges in the great outdoors of Colorado. Join us for whitewater rafting on the Poudre River, a challenge ropes course, geo-caching, and the chance to hike to the summit of a 12,000-foot alpine peak and a B-17 crash site. At an altitude of 9,000 feet, Pingree Park offers cool summer days that are perfect for hiking and wildlife viewing in a pristine mountain environment.

<http://www.rockymountainadventurecamp.webs.com>

**Ann Bruce**

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# Georgia

## Joint Reserve Component Teen Summit: Wahsega 4-H Center, Chattahoochee National Forest

July 10–15, 2011

Participants: 150

Ages: 14–18

Primary activities: Whitewater rafting, rock climbing, rappelling, leadership development

This 6-day, 5-night experience offers teens an opportunity to grow and develop not only in their own leadership abilities, but also as reserve component military youth. Reserve component teens will experience high adventure elements including a climbing wall, rappelling down a rock-face, whitewater rafting, and other high-rope elements. Teens will have opportunities to meet other military youth from around the globe and share experiences while making new friends. The objective of this summit is to introduce military teens to not only their parent's military service branch, but also to the growing joint nature of their work.

[www.georgia4h.org/jointreservesummit/](http://www.georgia4h.org/jointreservesummit/)

**Casey Mull**

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# Illinois

## Wild Water Adventure Camp: Camp Wartburg, Waterloo

July 10–15, 2011

Participants: 30

Ages: 14–18

Primary Activities: Backpacking, canoeing, remote camping

Come and join other teens and camp staff as we canoe the Current River! Here's a chance to learn how to maneuver the river while working with a new friend. Begin this week's adventure at Camp Wartburg in Waterloo, and then you'll hike into a remote area to begin this memorable water adventure in southern Missouri. Tent camping and outdoor group meal preparation included.

## New Heights Adventure Camp: Camp Wartburg, Waterloo

July 31– August 5, 2011

Participants: 30

Ages: 14–18

Primary activities: High ropes course, climbing wall, backpacking, rappelling

You'll be challenged to step out of your comfort zone as you work out extensively and master the on-site high ropes course and climbing wall at Camp Wartburg before heading off-site for a base camp adventure to a remote camp location near Giant City in the Shawnee National Forest. Here you'll be introduced to Australian-style rappelling and be able to put those new skills to use! Tent camping and outdoor group meal preparation included.

## On the Edge Adventure Camp: Camp Wartburg, Waterloo

October 7–10, 2011

Participants: 20

Primary Activities: Rope courses, mountain biking, GPS use, camping

If stepping out of your comfort zone and living on the edge sounds exciting, join a group of other teens for a team mission on a challenge course in southern Illinois. This edgy adventure offers training on a climbing wall, workouts on a high ropes course, and maneuvering rugged mountain bike trails in southern Illinois. On the Edge Adventure Camp will be held at Camp Wartburg, where campers will be engaged in teams, each having to learn together, work together, and support one another as they complete their team's mission.

<http://extension.illinois.edu/go/adventure>

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## Kentucky

Seven different camp opportunities designed specifically for teams of teens and a parent service member! Themed camp activities are designed for fun with no distractions from work or other household activities. These camps provide focused time for you and your parent to “reconnect” following deployment and assist with adjustment to a “new normal.”

Primary activities will vary with each camp. Choose a camp for whitewater rafting, canoeing, backpacking, wilderness survival, camping, or challenge courses.

### **Backpacking 101: Mammoth Cave National Park, Southwest KY**

May 13–15, 2011

Participants: 20 (10 Service members, 10 youth)

Youth Ages: 14–18

Have you ever wondered what it would be like to travel and camp through the woods? Would you like to learn how to be self-sufficient, comfortable, warm, well-fed, and happy in the wilderness? Then this trip is for you! Service member parents and their teens will spend the weekend working together as a team while learning the basics of backpacking. No experience? No problem—our highly trained guides will walk you through every step of the way. No equipment? We’ve got everything you will need. Discover the power and confidence within yourself to exist in the woods while reconnecting with your family member and meeting other military families!



## Whitewater Rafting: Oakhill West Virginia, Eastern KY

June 20–24, 2011

Participants: 28 (14 Service members, 14 youth)

Youth Ages: 14–18

Ready for the experience of a lifetime? This 5-day camp experience will provide service member parents and their teens a variety of challenges to participate in together, in the great outdoors of West Virginia! Work as a team and with other military parents and youth as you experience white water rafting, zip lining, mountain biking, horseback riding, mud pit challenges and more! Camps are designed with fun and adventure in mind, but also to provide quality time for military parents and their teenage children to connect with each other, meet other military families, and together learn new skills that they can put to use when they return home!

## Canoeing/Coastal Camping: Land between the Lakes, Western KY

June 30–July 3, 2011

Participants: 20 (10 Service members, 10 youth)

Youth Ages: 14–18

What is the best way to cool off and have fun during Kentucky's hot summer? On a backcountry canoe trip, of course! Service member parents and their teens are invited to join us for an exciting, 4-day canoeing and camping experience in western Kentucky. No experience? No problem—our highly trained guides will walk you through every step of the way. No equipment? We've got you covered with everything you will need. Learn a new skill, escape the heat of the summer, become a strong and confident parent/child team, and have a great experience in the process with this water and wilderness adventure!

## Advanced Backpacking/Wilderness Living: Daniel Boone National Forest, Southeast KY

July 17–24, 2011

Participants: 18 (9 Service members, 9 youth)

Youth Ages: 14–18

Would you like to be a "Backcountry Pro"? If so, we invite service member parents and their teens to join us for this exciting 8-day backpacking extravaganza! Learn how to cook amazing food, stay warm, dry, and comfortable, and even how to plan your own expedition! No prior experience is necessary—our experienced staff will walk you through every step of the way. Don't have your own equipment? No problem! Everything needed for this adventure can be provided. Have a great time and work on reconnecting and spending quality time together while meeting other military families too. This isn't wilderness survival, this is wilderness *living*!

## **Wilderness Survival: Big Bone Lick State Park, Northern KY**

August 12–14, 2011

Participants: 20 (10 Service members, 10 youth)

Youth Ages: 14–18

Do you have what it takes to survive in the wilderness with minimal gear and supplies? Of course you do, and we can help you to bring that out! Service member parents and their teens will spend the weekend learning how to trap and forage, build shelters, purify water, and to stay calm and find your way out if you ever get lost in the woods. You will be able to work as a team to accomplish challenging tasks with confidence and style while learning great new skills together and meeting other military families!

## **Challenge Course/Corn Maze: Life Adventure Center, Central KY**

September 16–18, 2011

Participants: 50 (25 Service members, 25 youth)

Youth Ages: 14–18

We are excited to invite service member parents and their teens to come get lost in Kentucky's largest corn maze at Life Adventure Center! This is going to be an action-packed, high flying adventure weekend. Participants will have the opportunity to build a strong and supportive community on the low ropes course, climb the rock wall, fly down the zip line, navigate the high ropes course, and venture into the largest corn maze in the state. Discover the power and confidence within yourself to step out of your comfort zone and try new things while working with others to reach your goals!

## **Cold Weather Camping: Lake Cumberland, Southern KY**

December 2–4, 2011

Participants: 20 (10 Service members, 10 youth)

Youth Ages: 14–18

How do you camp in the cold? The same way you camp anywhere—with the right equipment, clothing, and knowledge. Service member parents and their teens can come out with us to experience the thrill of cold weather camping! You will be warm, comfortable, and well-fed, while having a great time in an environment most people would not dream of staying in, much less enjoying themselves. Learn valuable skills for cold weather emergencies, reconnect as a parent/child team, and build life-long connections with other military families. Remember, there's *snow*thing you can't do with the support of a great team!

<http://www.ca.uky.edu/hes/fcs/MilitaryCamp>

**Kerri Ashurst**

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## Maine

### Primitive Challenge: Bryant Pond

July 3–8, 2011

Participants: 30

Ages: 14–18

Primary activities: Shelter making, back country cooking, tool making, rope making, tracking



This immersion in primitive living and survival will require you to rely on teamwork and survival skills you develop during the week as your camping gear is taken away a bit at a time. You'll learn to work with a team on making a natural shelter and dwelling, primitive bow-drill fire building, backcountry cooking, various uses of wild plants, tool making, knife safety and carving, water purification, rope making, nature observation and awareness, tracking, and silent stalking.

The success of your team will depend on your ability to quickly build a group shelter and start a fire with a bow drill set. The week concludes with a 24-hour survival solo during which you will be provided with basic food, a knife, and a piece of cord.

## Wilderness Backpacking: Bryant Pond

July 3–8, 2011

Participants: 30

Ages: 14–18

Primary activities: Camp cooking, compass and GPS skills, first-aid

Here's a chance to work with a group of nine other campers to take part in team building, ropes courses, and basic outdoor skills training before you embark on a four-day backpacking trip through the Caribou-Speckled Mountain Wilderness area of the White Mountain National Forest. You'll have a chance to learn GPS and compass skills, to swim in remote pools, and to enjoy the view from above the tree line on several wilderness peaks.



## Adventure Racers: Bryant Pond

July 17–22, 2011

Participants: 30

Ages: 14–18

Primary activities: Map and compass skills, ropes course, firearm use, zip line, rafting, mountain biking

Summit peaks in the rugged Mahoosuc Range, get soaked canoeing through rapids on a nearby river, mountain bike down forest trails, sleep under the stars on the flanks of Mt. Christopher after finding your way to the summit by map & compass, test your nerve on the water zip-line, be challenged on a high ropes course. Here's your chance to be part of a true adventure race team as you take part in a raft challenge on Lake Christopher. This camp program is operated in partnership with Bethel Outdoor

Adventure, White Mountain National Forest, and Maine Department of Inland Fisheries and Wildlife.

<http://extension.umaine.edu/programs/military-adventure-camps/>

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## Coastal Watershed Exploration: Lincolville

July 24–29, 2011

Participants: 20

Ages: 14–18

Primary activities: Survival skills, camping ethics, ocean canoeing, map and compass use, first-aid

This seacoast adventure will give you the chance to explore the coastal waterways of the Ducktrap Watershed. You will learn and practice wilderness survival skills, leave-no-trace camping ethics, freshwater and ocean canoeing, and map and compass reading as you explore this area's natural history. A highlight of this trip will be sailing on the Schooner *Olad* out of Camden Harbor.

## Ropes Courses/Hiking/Camping/Rock Climbing: Caratunk

August 5–12, 2011

Participants: 102

Ages: 14–18

Primary activities: Campfire meals, hiking, rafting, ropes course, rock climbing

Maine 4-H Camps and Learning Centers will partner with Adventure Bound and Northern Outdoors to offer the adventure trip of a lifetime! All adventures originate within 10 to 40 minutes from base camp and take place in remote, breathtaking wilderness settings. Outdoor odysseys between wake-up call and lights out will include ropes courses, rock climbing, and rafting, with tent cabins and campfire meals provided.

<http://extension.umaine.edu/programs/military-adventure-camps/>

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## River Runners Adventure: Bryant Pond

August 21–26, 2011

Participants: 30

Ages: 14–18

Primary activities: Whitewater rafting, shelter building, survival skills

This River Runners Adventure gives you a chance to learn outdoor survival skills and advanced paddling techniques as you canoe, kayak, tube, and raft on Class 2, 3, & 4 whitewater rivers in northern and western Maine. Days will be spent on the water and nights in accommodations that will vary from rustic shelters to remote and primitive campsites. This camp is offered in partnership with New England Outdoor Center, Maine Bureau of Public Lands, and Orion Outfitters & Guide Service.

<http://extension.umaine.edu/programs/military-adventure-camps/>

**Ryder Scott**

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## Winter Survival: Bryant Pond

February 19–24, 2012

Participants: 30

Ages: 14–18

Primary activities: Shelter building, ice fishing, outdoor cooking, primitive living

Gear up and join fellow campers at Bryant Pond for a winter adventure that includes dog sledding to a remote campsite on the shores of Lake Umbagog National Wildlife Refuge. The Mahoosuc Guide Service will assist you in learning about winter survival including shelter building, ice fishing, outdoor cooking and primitive living while exploring the amazing world of winter in Maine.

<http://extension.umaine.edu/programs/military-adventure-camps/>

**Ryder Scott**

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## New Hampshire

### White Mountain Adventure Camp: Bretton Woods (for youth with physical disabilities)

January 6–9, 2012

Participants: 12

Ages: 14–18

Primary activities: Nordic skiing, alpine skiing, dog sledding, ice skating, sled hockey, tubing

Designed specifically for youth with physical disabilities, this camp features adaptive sports activities in the spectacular White Mountains of northern New Hampshire. Join us for: Nordic and alpine skiing, dog sledding, ice skating, sled hockey, and tubing! The Appalachian Mountain Club's Highland Center in Bretton Woods will provide accessible accommodations and meals, and will serve as base camp for the weekend's events. University of New Hampshire Cooperative Extension Youth Development Educators, Northeast Passage Therapeutic Recreation Specialists, the Bretton Woods Ski Area staff, and other dedicated professionals are committed to providing a safe and memorable experience for all campers.



## White Mountain Adventure Camp: Bretton Woods (for youth with developmental and cognitive disabilities)

January 20–23, 2012

Participants: 12

Ages: 14–18

Primary activities: Nordic skiing, alpine skiing, dog sledding, ice skating, sled hockey, tubing, snowshoeing

This camp opportunity has been created for youth with developmental and cognitive disabilities and features adaptive sports activities in the spectacular White Mountains of northern New Hampshire. Plan to join us for: Nordic and alpine skiing, dog sledding, ice skating, sled hockey, and tubing! The Appalachian Mountain Club's Highland Center in Bretton Woods will provide accessible accommodations and meals, and will serve as base camp for the weekend's events. University of New Hampshire Cooperative Extension Youth Development Educators, Northeast Passage Therapeutic Recreation Specialists, the Bretton Woods Ski Area staff, and other dedicated professionals are committed to providing a safe and memorable experience for all campers.

### White Mountain Adventure Camps

February 19–22, 2012

February 26–29, 2012

Participants: 24 per camp

Ages: 14–18

Primary activities: Nordic skiing, alpine skiing, dog sledding, ice skating, sled hockey, tubing, snowshoeing

Teens will have opportunities to enjoy nordic and alpine skiing, dog sledding, ice skating, sled hockey, tubing, and snowshoeing. Participants will construct snow shelters, experience animal tracking, and study winter ecology. This camp will give youth the chance to work together, socialize, play, and learn through new activities. Participation in these opportunities will help increase self-esteem, competence, confidence, leadership skills, skill development and mastery, social skills, and appropriate communication techniques. Increasing these skills helps in developing resiliency among military youth and promotes an active, healthy lifestyle.

<http://tinyurl.com/AdvCamp>

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## OHIO

### Special Needs Adventure Camp: Elizabeth L. Evans Outdoor Education Center/Canter's 4-H Camp, Southern OH

July 15–17, 2011

Participants: 30

Ages: 14–18

Primary activities: Archery, aquatic skills, music therapy, horseback riding, outdoor education

This 3-day, 2-night camp includes outdoor activities for youth who require the assistance of a caregiver and includes swimming, archery, music, horseback riding, and nature and traditional camp activities. The camp will be conducted at The Elizabeth L. Evans Outdoor Education Center/Canter's Cave 4-H Camp, which is handicap accessible. This camp opportunity allows the regular parent or caregiver to attend to assure specific needs are being met. This also provides an opportunity for the adults to share and learn from each other.



## **Military Teen Adventure Camp: Elizabeth L. Evans Outdoor Education Center/Canter's 4-H Camp, Southern OH**

July 18–22, 2011

Participants: 70

Ages: 14–18

Primary activities: Backpacking, camping, canoeing, cooking, wilderness survival, archery

A five-day, four-night Military Teen Adventure Camp at the Elizabeth L. Evans Outdoor Education Center/Canter's Cave 4-H Camp, located in Jackson County (southern Ohio). Join other teens as you trek across the rough and steep terrain of southern Ohio, experience high ropes courses, rappelling, cooking on a backpacking stove, adventure races and lots of other fun activities.

## **Adventure Restoration Camp: Cranberry Wilderness Area, Monongahela National Forest, WV**

July 23–29, 2011

Participants: 12

Ages: 14–18

Primary activities: Backpacking, camping, cooking, wilderness survival, archery

The Adventure Restoration Camp (ARC) is a seven-day backpacking program in the scenic and rugged Cranberry Wilderness Area, a 47,815-acre wilderness area in the Monongahela National Forest of southeast West Virginia. In this program, you will backpack over broad and massive mountains and descend deep into the narrow valleys of the Monongahela Forest. Camp experiences include: wilderness navigation, backcountry cooking, basic wilderness first aid, river crossings, Leave No Trace, and much more.

<http://ohio4h.org/adventurecamp>

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# Washington

## Deschutes River Rafting Trip: Central Oregon

April 5–10, 2011

Participants: 12

Ages: 14–18

Primary activities: Whitewater rafting, camping

How would you like to spend your spring break rafting down the Deschutes River in central Oregon with Orion Expeditions? This is an inclusive and amazing five-day trip that runs some of the best whitewater in the Northwest. Each day you will travel down the river just as the first explorers did and camp for the evening with plenty of time for enjoying the area, the company of your river companions, and sharing stories around the campfire at night.

## Cutty Sark Wooden Sailing Ship Adventure: San Juan Islands

April 30–May 1, 2011

May 14–15, 2011

September 17–18, 2011

Participants: 16

September 24–25, 2011

Ages: 14–18

Primary activities: Sailing, camping, hiking, games

A unique opportunity awaits you: step back in time and crew the Cutty Sark, setting sail in the Strait of Juan de Fuca just like the earliest explorers did as they mapped and enjoyed the incredible sights of Washington state's inland waterways. Departing from Coronet Bay on Whidbey Island, sail through Deception Pass enroute to uninhabited islands where you will drop anchor and set up camp for the evening. Captain John Stone will share nautical history, lore, and intriguing stories around the campfire. While on board, as a crew member you will learn to sail this magnificent vessel, navigate using both ancient and modern technology, and gain an appreciation for life on the high seas.

## Ropes Course/Methow River Rafting: Chelan & Okanogan Counties

June 15–19, 2011 (*Subject to change based on weather conditions*)

Participants: 18

Ages: 14–18

Primary activities: Ropes course activities, camping, river rafting

This adventure will begin with two days on the 4-H "Challenge" Ropes Course. Here you will prepare for our whitewater adventure on the Methow River outside of Winthrop in Okanogan County. Orion Expeditions will provide boats and guides, creating the perfect combination for an overnight action-packed, fun-filled trip down the Methow River. Watch wildlife on the rolling hills or along the river bank as you raft through some of the best scenery north-central Washington has to offer.

## Mountains-to-Sound Adventure Camp: Camp Robbinswold

June 26–July 2, 2011

Participants: 60

Ages: 14–18

Primary activities: Backpacking, kayaking, canoeing, ropes course, traditional camp activities

The Mountains-to-Sound Adventure Camp offers military teens a great adventure in the Pacific Northwest. After building their adventure team on a low ropes course, groups will learn the necessary skills to navigate their adventure. Campers will be challenged in one of the following adventures: backpacking in the Olympic Mountains or on its coast, sea kayaking, canoeing, or rowing traditional longboats in Hood Canal and Puget Sound. Other camp activities will include arts and crafts, swimming, hiking, outdoor cooking, and campfires.

## Camping/Hiking/Wilderness Trip

July 11–15, 2011

August 8–12, 2011

July 25–29, 2011

August 15–19, 2011

Participants: 8 per trip

Ages: 14–18

Primary activities: Ropes course, hiking, camping, rock climbing

Each of these one-week adventures will take place in some of the most spectacular locations in the Cascade Mountain Range in north-central Washington. These adventures will be offered in a variety of locations, providing high adventure experiences such as hiking, camping, rock climbing, and all the fresh air and high country scenery you can handle.

## Outward Bound Experience: Chelan County & Okanogan County

August 1–5, 2011

Participants: 25

Ages: 14–18

Primary activities: Hiking, camping, rock climbing

This unique opportunity provides a chance to visit the North Cascades, nicknamed the “American Alps,” for the open cliff faces and deep, glacially carved valleys that are also characteristic of the European Alps. This three-day, two-night experience will take place at the Mazama Outward Bound Base Camp. Come and experience this outdoor living adventure where you will be immersed in a wide range of wilderness skills and activities including rock climbing, camping and hiking.



## Exploring History & Nature: Chelan County

October 23–24, 2011 (*Subject to change based on weather conditions*)

Participants: 16

Ages: 14–18

Primary Activities: Hiking, camping, games, nature mapping

Long before highways crossed the mountains, the Colockum Trail was the only way to travel from just about anywhere to what is now known as Chelan County. WSU Chelan County Extension manages over 11,000 acres of shrub-steppe, rangeland, and forest habitat that is the winter grazing area for the largest elk herd in Washington state. Come to the Colockum and visit historic sites, remnants of homesteads, and the life of an era long past. Tour some of the state's most prolific wildlife habitat with a professional guide and look for mule deer, elk and other native species on the preserve. Help wildlife biologists collect data that will assist in the management of resident wildlife.

## Downhill Ski and Snowboarding Trip: Stevens Pass Ski Area

December 29, 2011

December 30, 2011

Participants: 16 per trip

Ages: 14–18

Primary activities: Downhill skiing, snowboarding

Stevens Pass is located on the crest of the Cascade Mountains in Washington state and is recognized as one of the premier skiing and boarding resorts in the Pacific Northwest. Whether you are a seasoned skier or wanting to try snowboarding or downhill skiing for the first time, this activity will definitely present opportunities for all. You will be provided with everything needed to enjoy a day on the slopes including boots, equipment, lift tickets, and instruction from qualified professionals.

## Downhill Ski and Snowboarding Trip: Mission Ridge Ski Area

December 29, 2011

December 30, 2011

Participants: 16

Ages: 14–18

Primary activities: Downhill skiing, snowboarding

Mission Ridge is located just outside Wenatchee, Washington, on the eastern slopes of the Cascade Mountain Range and is home to some of the best “dry side” skiing in the Northwest. Whether you are a seasoned skier or wanting to try snowboarding or downhill skiing for the first time, this activity will present the opportunity to create memories and recreational opportunities that will last for a lifetime. Mission Ridge will provide everything for your day on the slopes including boots, equipment, lift tickets, and instruction through their professional ski school.

## Animal Tracking & Snowshoe Adventure: Chelan County

January 7–8, 2012

February 11–12, 2012

January 21–22, 2012

February 25–26, 2012

Participants: 16

Ages: 14–18

Primary activities: Snowshoeing, wildlife tracking, nature mapping

Whether this is your first time on snowshoes or if you want to take your snowshoeing adventures to a higher level, this activity is for you. See what stories are being told by the tracks left behind by wildlife and learn how to read and interpret track and trails with our experienced guides and naturalists. It is not uncommon to see eagles, hawks, mule deer, snowshoe hares, river otters, and many other critters that are native to this amazing region or passing through on major migratory routes that cross our state. Quality snowshoes and equipment will be provided for this journey into the wild.



## Deschutes River Rafting Trip: Central Oregon

April 5–10, 2012

Participants: 12

Ages: 14–18

Primary activities: Whitewater rafting, camping

How would you like to spend your spring break rafting down the Deschutes River in central Oregon with [Orion Expeditions](#)? This is an inclusive and amazing five-day trip that runs some of the best whitewater in the Northwest. Each day you will travel down the river just as the first explorers did and camp for the evening with plenty of time for enjoying the area, the company of your river companions, and sharing stories around the campfire at night.

## Ropes Course/Methow River Rafting: Chelan & Okanogan Counties

TBD, 2012 (*Subject to change based on weather conditions*)

Participants: 18

Ages: 14–18

Primary activities: Ropes course activities, camping, river rafting

This adventure will begin with two days on the 4-H “Challenge” Ropes Course.

Here you will prepare for our whitewater adventure on the Methow River outside of Winthrop in Okanogan County. Orion Expeditions will provide boats and guides, creating the perfect combination for an overnight action-packed, fun-filled trip down the Methow River. Watch wildlife on the rolling hills or along the river bank as you raft through some of the best scenery north-central Washington has to offer.

<http://4h.wsu.edu/adventurecamp/index.html>

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## Germany

*For military youth already in Europe, only!*

### European 4-H Adventure Camp: Kings Lodge, Garmisch, Germany

July 29–August 2, 2011

August 2–6, 2011

Participants: 40 per trip

Ages: 14–18

Primary activities: Camping, cooking and teen chef challenges, adventure and challenge activities

Here's an opportunity for military youth from all branches of the service across Europe to participate in new and challenging living and learning opportunities! Camp activities are built around the "four elements" of fire, air, earth, and water. Join other teens as you participate in biking, climbing, canoeing, archery, crate climbing, and even a teen chef challenge.

<http://www.maryland4h.org/4-H%20Military/2011%20Military%20Teen%20Adventure%20Camps1/index.cfm>

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